

# Add Years to Your Life!



It is a scientific fact that people who have an optimistic and positive outlook on life live happier, healthier, and longer. Optimists are positive individuals dedicated to making good things happen in their communities. Why not add years to your life? Contact your local Optimist Club or Optimist International at 1.800.500.8130 and get your first dose of Optimism today!



[optimist.org](http://optimist.org)

For More Information, Please Contact:

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## Optimism...It Gets Better with Age!

Like a fine wine, optimism improves with age – the more you embrace it, the better it gets! Optimistic people are happier, healthier, and more giving. Countless studies indicate people who give of themselves to others have a more optimistic outlook on life. Contact your local Optimist Club or Optimist International and get your first taste of Optimism today!

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# Join Us!



Are you tenacious and love a challenge? Are you fearless in your belief that you can make a difference? Do you have great vision and desire to reach new heights in your personal development and achievements? Do you dare to be the best you can be? Contact your local Optimist Club or Optimist International's Hotline and find out what it takes to be an Optimist member.



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